



PLEASE HELP US HELP YOU !
CHIROPRACTIC HELPS ALL ASPECTS OF YOUR HEALTH.
PLEASE CHECK SYMPTOMS YOU NOW HAVE:

- Headache
Sinus problems
Allergies
Migraines
Loss of memory
Fainting
Light bothers eyes
Blurred vision
Loss of vision
Loss of taste
Loss of hearing
Pain in ears
Ringing in ears
Arthritis
Swollen joints
Cold extremities
Smoker
TMJ syndrome
Stiffness in morning

NECK:

- Pain in neck
Neck pain with movement
Pinched nerve in neck
Neck feels out of place
Grinding sounds in neck
Popping sounds in neck
Arthritis in neck
Have you had this type of head/neck/face pain before
YES NO

SHOULDERS:

- Pain in shoulder joints
Pain across shoulders
Bursitis (R-L)
Can't raise arm
Above shoulder level
Over head
Tension in shoulder

ARM & HANDS:

- Pain in upper arm
Pain in elbow
Tennis elbow
Sensation of pins & needles in fingers
Numbness in arms/fingers
Fingers go to sleep
Loss of grip strength

MID-BACK:

- Pain between shoulder blades
Rib pain

CHEST:

- Chest pain
Shortness of breath
Irregular heartbeat

ABDOMEN:

- Nervous stomach
Feel Bloating
Nausea
Gas
Constipation
Diarrhea
Hemorrhoids
IBS
Crohn's disease
Reflux

LOW BACK:

- Low back pain
Sacroiliac
Low back pain is worse:
Standing Sitting
Coughing Walking
Lying down (sleeping)
Pain relieves when

HIPS, LEGS & FEET:

- Pain in buttocks (R-L)
Pain down leg (R-L)
Pain down both legs
Knee pain
Inside Outside
Hip pain
Leg cramps
Cramps in feet (R-L)
Pins & needles in legs (R-L)
Numbness of leg (R-L)
Numbness of toes /feet (R-L)
Feet feel cold
Swollen ankles /feet(R-L)
Mortons neuroma
Bunions
Arch pain

WOMEN ONLY:

- Are you PREGNANT?
Yes No
Menstrual pain
Irregular periods
Cystic breasts
Cystitis
Yeast infections
Hysterectomy
Menopausal
Post-menopausal
Taking estrogen
PMS Symptoms

MEN ONLY:

- Urinary frequency
Prostate pain
High PSA

Date

GENERAL:

- Are you able to
Smile ?
Raise both arms?
Stand steady on both feet with eyes closed?
Speak simple sentences? (Eg. Simple Simon says)
Stick out your tongue?
Do you have any
Double vision
Dizziness/ light-headed
Sudden numb/weakness of face/arm/leg
Speech disorders
Difficulty swallowing
Difficulty walking
Vomiting/nausea
Loss of sensation on one side
Involuntary rapid eye movement

- Nervousness
Irritable
Depressed
Fatigue
Generally feel run-down
Coffee cups/day
Tea cups/day
Diabetes
Hypoglycemia
Had kidney stones
Taking any vitamins: (PLEASE LIST)
Type: Reason:

- Taking medication:
Type: Reason:
Do you have:
Orthotics Cervical pillow
Back brace

Are you interested in maintenance health care? yes no
Patient Signature: